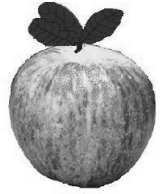


Shine

Music: Emeli Sande, CD Real Life
Choreo: Yvonne Cox, e-mail: ycox@ecta.de Tel: +44 (0)8445 888851
Event: Self Isolation!

Level: Int
Time: 3.29
BPM: 120



Sequence: A B C A B C D B C* Ending

Intro: Wait 8 beats

Date: May 2020

Part A:

2

Gallop DS H(if) FLP S H(if) FLP S H(if) FLP S
 L R R L R R L R R L
 R L L R L L R L L R
 &1 & a 2 & a 3 & a 4

2 Cross DS(xif) DR RS DR RS DS(XIF) DR RS DR RS
 Drag L L RL L RL R R LR R LR
 Step &1 & 2& 3 &4 &5 & 6& 7 &8

Samantha DS DS(xif) DR S(ib) DR S(ib) S Hl(wt)S(piv ½) DS RS
 Pivot L R R L L R L R L R LR
 &1 &2 & 3 & 4 & 5 6 &7 &8

2 Rock RS DS DS RS RS DS DS RS
 Double LR L R LR LR L R LR
 &1 &2 &3 &4 &5 &6 &7 &8

REPEAT ALL

Part B:

Vine DS DS(xif) DS DS(xib) DS DS(xif) DS RS
 Eight L R L R L R L RL
 R L R L R L R LR
 &1 &2 &3 &4 &5 &6 &7 &8

Woody DS RS DR S(xif) RS DR S(xif) RS DS RS
 R LR R L RL L R LR L RL
 L RL L R LR R L RL R LR
 &1 &2 & 3 &4 & 5 &6 &7 &8

REPEAT opposite footwork and direction

Part C:

2

Travelling DS H(w) S H(w) S H(w) S turn 1/4 L on beat 1,
 Shoes L R L R L R L
 R L R L R L R
 &1 & 2 & 3 & 4

2 Hard DT(b) H BR UP/H DS RS turn to face back
 Step L R L L R L RL
 R L R R L R LR
 & 1 & 2 &3 &4

REPEAT to face the front

Sequence: A B C A B C D B C* Ending

Part D:

Rock DS SLR S(ib) R S(ots) SLR S(ib) R S(ots) SLR S(ib) RS BR UP/H
 Slur L R R L R L L R L R R LR L L R
 &1 & 2 & 3 & 4 & 5 & 6 &7 & 8

Ida Wrong DT(b) H BR UP/H DS(xif) RS R(ots) S DS(xif) RS BR UP/H turn ¼
 L R L L R L RL R L R LR L L R Left
 & 1 & 2 &3 &4 & 5 &6 &7 & 8

REPEAT three more times to face front

Part C*:

2
 Travelling DS H(w) S H(w) S H(w) S turn 1/4 L on beat 1,
 Shoes L R L R L R L move R on beat 2-4
 R L R L R L R
 &1 & 2 & 3 & 4

2 Hard DT(b) H BR UP/H DS RS turn to face side wall
 Step L R L L R L RL
 R L R R L R LR
 & 1 & 2 &3 &4

REPEAT two more times, facing back and next wall.

End

2 Slow S(if) PVT (1/2 R) S
 Basketball L R
 Turn 1 2

Step left front to face front, raise right arm up, palm facing ceiling.

Cue Card

Part A 2 Gallup, 2 Cross Drag, Samantha Pivot, 2 Rock Double **REPEAT**

Part B Vine 8, Woody, **REPEAT**

Part C 2 Travelling Shoes ¼, 2 Hard Step to face the back, **REPEAT**

Part A 2 Gallup, 2 Cross Drag, Samantha Pivot, 2 Rock Double **REPEAT**

Part B Vine 8, Woody, **REPEAT**

Part C 2 Travelling Shoes ¼, 2 Hard Step to face the back, **REPEAT**

Part D Rock Slur, Ida Wrong ¼ L **REPEAT three more times**

Part B Vine 8, Woody, **REPEAT**

Part C* 2 Travelling Shoes ¼, 2 Hard Step to face the side wall
REPEAT 2 more times to face the back and the next wall.

End 2 Slow Basket Ball turns, step to face front with Left foot,
 raise right arm up, palm facing the ceiling.